



A Summary of New Jersey's Bicycle Helmet Law

Effective March 1, 2006 anyone under the age of seventeen must wear an approved helmet while cycling, roller-skating, in-line skating or skateboarding in New Jersey. The law also applies to any child riding in a restraining seat, which is attached to a bicycle or in a trailer towed by a bicycle.

If you have a bicycle helmet that meets one or more of the voluntary bicycle helmet standards such as ASTM, SNELL, or ANSI, you do not need to buy a new helmet for bicycling. However, when you purchase a new helmet, buy one that meets the CPSC (Consumer Product Safety Commission) certification.

Anyone who violates a requirement of this act shall be warned of the violation by the law enforcement official. The parent or legal guardian of that person also may be fined a maximum of \$25 for the person's first offense and a maximum of \$100 for a subsequent offense if it can be shown that the parent or guardian failed to exercise reasonable supervision or control over the child's conduct. Penalties provided in this section for the failure to wear a helmet may be waived if an offender or his parent or legal guardian presents suitable proof that an approved helmet was owned at the time of the violation or has been purchased since the violation occurred.

**BIKE HELMETS, REDUCE THE RISK OF
HEAD INJURY BY 85 PERCENT AND THE RISK OF
BRAIN INJURY BY ALMOST 90 PERCENT.**



BICYCLE SAFETY

The North Jersey Foundation For Safety offers the following tips for parents buying helmets for their children:

1. Take your child with you when purchasing a helmet to make sure the helmet fits properly.
2. The helmet should fit snugly, but comfortably. With the buckle fastened and the straps adjusted properly, the helmet should not rock from side to side.
3. Check for stickers from the Snell Foundation, ANSI or ASTM..
4. Convince your child how important the helmet can be to his or her safety.
5. Develop a Bicycle Helmet Habit in the family, and set a good example by wearing your own helmet when bicycling.



418 Hamburg Turnpike
Wayne, NJ 07474-0983
973-956-2200

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BIKE SAFETY

TIPS FOR SAFE BICYCLE RIDING

- Tell an adult if anything is broken or wrong with your bike.
- Always wear the seat belt, helmet and buckle.
- Wear brightly colored clothing so you can be seen.
- See your doctor.
- Remember: one seat, only one rider!
- Keep both hands on the handlebars.
- Wear a bike cross-country jersey.
- Look all ways for oncoming traffic.
- Use a rearview mirror on your bike.
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- Open traffic signals and lights.
- Ride on the right - hand side of the street in the same direction as the flow of automobile traffic.
- Always use hand signals when stopping or turning.
- Be aware of surrounding traffic.
- When riding with others, ride single file.

STANDARD SUPPLY

STOCK #3124