**Physical Education Scope and Sequence for Grading**

(Source: [www.shapeamerica.org](http://www.shapeamerica.org))

N/A = Not assessed at this time

**1** = Below grade level expectations. Students not grasping key concepts, processes, and essential skills. Area of concern that may require support.

**2** = Approaching grade level expectations – Students participate in deliberate practice tasks that will lead to skill and knowledge acquisition. Students are beginning to show progress, but not consistently. Students are also progressing towards grade level skills. Students need more time to apply skills consistently and correctly.

**3** = Meets grade level expectations – Students can demonstrate the critical elements of the motor skills/knowledge components of the grade-level outcomes, which will continue to be refined with practice. Students consistently grasp and apply key concepts, processes and skills. Successfully meeting grade-level skills.

**4** = Exceeds grade level expectations – Students can demonstrate the critical elements of the motor skills/knowledge components of the grade-level outcomes within a variety of physical activity environments. Students extend key concepts, processes and skills. Independently and consistently works beyond grade-level skills.

Examples:

**1** = The student is not usually following directions, cooperating with others, or giving much effort. The student is not demonstrating an understanding of an activity after verbal and visual directions have been given more than one time. The student depends on others in class, to follow, doesn’t independently understand.

**2** = The student mostly demonstrates an understanding of directions, rules, expectations, and skills. However, they are not consistently performing up to the standards during every class. The student is doing well at this time, but there is room to improve overall class expectations.

**3** = The student consistently demonstrates an understanding of directions, rules, expectations, and skills. The student performs to their best ability, putting in much effort, dedication and willingness to improve in all class aspects. The student demonstrates most physical skills, such as ball handling well. The student contributes positively to the classroom environment and is respected by their peers. The student makes safe and good choices in regard to movement appropriate for the activity at hand. The student performs the exercises given by the teacher at a high level, with much energy and enthusiasm.

**4** = The student always performs at a high-level play, including skills and strategy. The student contributes with ideas to class. The student is well respected and enjoyed by others. The student is seen as a positive leader. The student uses positive language to help encourage their peers. The student independently includes, and is aware of the needs of others. The student always follows directions, doing what is expected of them in regards to classroom participation and behavior. The student is always respectful to others, and accepts the teacher’s decisions.