



During the week of September 23rd - 27th we will be participating in ***Start With Hello Week***. ***Start With Hello Week*** raises awareness and educates students and the community to become empowered to create a culture of inclusion and unity.

We have scheduled one themed activity for each day of the week. The topics and of the activities will encourage students to come together and improve the climate of Meadowbrook and our community.

Day 1- Monday	Make a Difference Day
Day 2- Tuesday	Promise 2 Be Kind
Day 3- Wednesday	Helping Hands
Day 4- Thursday	Mix It Up
Day 5- Friday	PJAMMIN for Kids with Cancer

On Monday, September 23rd, the students will watch a video from Kid President.

<https://youtu.be/m5yCOSHeYn4>

On Tuesday, September 24th, the students will promise to be kind by carrying out Random Acts of Kindness.

On Wednesday, September 25th , the students will trace and cut out their hands and then write a way they can help someone on it. We will display the hands in the front entrance of the school.

On Thursday, September 26th, the students will participate in a MIX and MINGLE lunch. Students will sit with others from different homerooms to allow for new friendships to foster.

On Friday, September 27th, the students will wear their pajamas to school (no slippers) to raise awareness for kids battling cancer to represent the struggles they go through and make them feel less alone.

<https://drive.google.com/file/d/0B-BQTT0AfETTWVdva2xoNINHQU5PR0d6RUdORnZuaWFoVzBj/view>

Thank you in advance for your cooperation!

Mrs. Nelsen-DeFalco

School Counselor

“Try to be a Rainbow In Someone's Cloud”- Maya Angelou